

This is the Day...Tuesday

June 21, 2022

Number 1 Super Buffet

“Therefore, rid yourselves of all malice and all deceit, hypocrisy, envy, and slander of every kind. Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good.” (1 Peter 2:1-3)

Many years ago, when I worked at an electrical supply business in Charlotte, I met a young man named Dave Ross. Dave was not in the electrical business but was the manager of the plumbing supply store in the same building. Dave was an interesting guy. He tended to be a bit gruff and cynical at times. He was the type to always find something wrong with another person’s idea and perspective. Dave was very opinionated and was not shy about sharing point of view. But, in spite of our obvious personality differences, Dave and I became good friends and shared lunch together at least two or three times each week. I quickly learned that, while Dave knew about plumbing, his passion was food and, unfortunately, it showed. Dave was relatively short in stature, but he made up for his vertical limits with his girth. He was a big guy.

Dave’s favorite place to have lunch was the Number 1 Super Buffet restaurant down the street from our office. This was a restaurant that served mostly Chinese food along with sea food and steaks. But the restaurant’s claim to fame was their buffet bar. It was massive. Three long bars that stretched all the way across the restaurant.

One workday, Dave called me just before lunch time and said he had missed breakfast and was starving. I asked Dave where he wanted to eat but I already knew the answer. Within minutes we were at the Number 1 Super Buffet. Typically, I would get a salad with a nice plate of food and a couple of (chocolate) dessert choices. After one trip, I was full and done. Dave had a different strategy. He ignored the salad bar and went straight to the good stuff. His first trip was a plate full of crab legs, shrimp, and lobster. Then there was a plate with two ribeye steaks and more shrimp. Then another plate of crab legs with some chicken and broccoli. I watched in amazement as Dave ate and returned for more. On his eighth trip back from the bar with a plate full of food and dessert, the restaurant manager followed Dave back to our table and in a stern voice and broken English the owner said, “Just how hungry are you? You go home now! You have had enough!”

It is a good question to ask ourselves. Just how hungry are you? Each day we put a great deal of effort into feeding our bodies. We prepare meals, sit in long lines at drive-thru windows, and snack in front of the television. We never allow our bodies to get very hungry. But what about your soul? Do you have a hunger and thirst for righteousness? God is offering you a Number 1 Super Buffet through His Word and prayer. It is the best place to go to feed your soul and give you the strength to faithfully take on the challenges of life.

On this day which God has given you, just how hungry are you? What a tragedy it would be to have a physical body like Dave’s but a malnourished spiritual body. The Number 1 Super Buffet is always open and with God, you can never have too much.